

This quiz assesses your understanding of the articles in this issue. Participation is open to physicians who practise in Canada. Physicians who complete the quiz will receive a statement from the University of Calgary, Office of Continuing Medical Education, indicating their participation, score and the correct answer to each question.

Each quiz may be submitted only once within six months of publication. Correct answers will be

published six months after the quiz appears.

You will receive your score and CME statement immediately if you answer the quiz online at either [www.cme.ucalgary.ca](http://www.cme.ucalgary.ca) or [www.stacommunications.com](http://www.stacommunications.com).

A question may have more than one correct answer. Please use a ballpoint pen to mark the correct answers on the quiz reply form. You can complete the quiz online or mark all the correct answers on the quiz reply form.

Select the best answer(s) for each of the following:

1. What does "D" represent in the CH<sup>2</sup>OPD<sup>2</sup> mnemonic?

- a) Depression
- b) Diet
- c) Drugs
- d) Dress
- e) Duration

(CFS, FM, MCS, page 56)

2. In the study by Mannino et al, what was the prevalence of COPD among smokers aged 45 to 64?

- a) 10%
- b) 21%
- c) 32%
- d) 43%
- e) 50%

(COPD, page 69)

3. Cholecystitis may be associated with very low calorie diets.

- a) True
- b) False

4. Which symptoms are common side-effects of orlistat therapy?

- a) Constipation
- b) Diarrhea
- c) Dry mouth
- d) Hypertension
- e) Insomnia

(Obesity, page 78)

5. What score on the HAMD-7 scale is associated with a full remission of depression?

- a) 3
- b) 5
- c) 7
- d) 9
- e) 11

(Depression, page 84)

6. What is the upper estimate of the percentage of complications requiring hospitalization among patients undergoing colonoscopy?

- a) 2%
- b) 4%
- c) 6%
- d) 8%
- e) 10%

(Colorectal Cancer, page 90)

7. Hemosiderin staining is rarely present in association with venous leg ulcers.

- a) True
- b) False

8. Which conditions are risk factors for venous stasis ulcers?

- a) Advanced age
- b) Multiple pregnancies
- c) Obesity
- d) Reduced ankle mobility
- e) Trauma

(Venous Leg Ulcers, page 94)

## CME Credit Quiz

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9. *In Alzheimer's disease, what change is expected in the mini-mental state exam (MMSE) in one year?*

- a) 1-2 points
- b) 3-4 points
- c) 5-6 points
- d) 7-8 points
- e) 9-10 points

*(Dementia, page 104)*

10. *The majority of individuals allergic to cow's milk will eventually outgrow the allergy.*

- a) True
- b) False

*(Allergies, page 110)*

11. *Which conditions are contraindications to joint manipulation therapy?*

- a) Anticoagulant therapy
- b) Blood dyscrasia
- c) Local joint infection
- d) Loose body in joint
- e) Vertebral artery syndrome

12. *For what condition have randomly assigned, double-blind, controlled trials shown Saw palmetto to be effective?*

- a) Alzheimer's disease
- b) Depression
- c) Intermittent claudication
- d) Migraine
- e) Prostatism

*(Complementary Medicine, page 117)*

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If you do not have Internet access, fax the answer sheet to **(403) 270-7285**. If you do not have a fax machine, mail it to:

**CME Quiz, c/o Continuing Medical Education  
The University of Calgary  
3330 Hospital Drive NW  
Calgary, Alberta  
T2N 4N1**

The following are the questions and answers from the July 2003 quiz.  
Correct answers are marked in bold.

1. *What is the half-life of flurazepam?*
  - a) 8 to 200 hours
  - b) 26 to 200 hours
  - c) 30 to 200 hours
  - d) 50 to 250 hours
  - e) **96 to 250 hours**
2. *Which drugs does the author recommend avoiding in the elderly?*
  - a) **Amitriptyline**
  - b) Desipramine
  - c) **Metoclopramide**
  - d) **Piroxicam**
  - e) **Procyclidine**
3. *Which medications are mentioned in the article as having interactions with celecoxib?*
  - a) **Fluconazol**
  - b) **Fluvastatine**
  - c) Lithium
  - d) Rifampin
  - e) **Zafirlukast**
4. *Which route of hormone replacement therapy causes a lower incidence of migraine attacks without aura?*
  - a) Oral
  - b) **Transdermal**
5. *Which of the following are local factors that delay wound healing?*
  - a) Arterial insufficiency
  - b) **Edema**
  - c) Hyperglycemia
  - d) **Infection**
  - e) Venous insufficiency
6. *Chronic wounds should be cleansed with antiseptics.*
  - a) True
  - b) **False**
7. *Which class of the New York Heart Association functional classification is associated with marked limitation of physical activity?*
  - a) Class I
  - b) Class II
  - c) **Class III**
  - d) Class IV
  - e) Class V
8. *Following treatment of congestive heart failure with ACE inhibitors, a rise in serum creatinine of 20% is a reason to discontinue treatment.*
  - a) True
  - b) **False**
9. *Which drugs are serotonin-noradrenalin modulators?*
  - a) Bupropion
  - b) Citalopram
  - c) **Mirtazapine**
  - d) Moclobemide
  - e) Venlafaxine
10. *Clopidogrel is the recommended initial antiplatelet therapy in cases of peripheral arterial disease?*
  - a) True
  - b) **False**
11. *Which stage of the Fontaine Classification is associated with claudication pain at rest?*
  - a) Stage I
  - b) Stage II
  - c) **Stage III**
  - d) Stage IV
  - e) Stage V
12. *There is no current data to justify using an angiotensin receptor antagonist for preventing systemic atherosclerotic complications in patients with peripheral arterial disease.*
  - a) **True**
  - b) False
13. *Establishing a no-suicide contract is the first step in managing a potential suicide.*
  - a) **True**
  - b) False