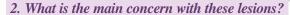
Handling Hand Lesions

Benjamin Barankin, MD

62-year-old man presents with a longstanding history of rough, scaly papules on the dorsum of his hands and forearms (Figure 1). They appear to have worsened in the last 10 years, as he has been taking immunosuppressive medicines for a renal transplant.

1. What is the most likely diagnosis?

- a) Basal cell carcinomas
- b) Actinic keratoses
- c) Eczema
- d) Seborrheic keratoses
- e) Granuloma annulare



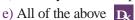
- a) Can eventually develop into malignancy
- b) Metastases
- c) Local spread
- d) Pruritus
- e) Cosmetic



Figure 1. Rough, scaly papules on patient's hand.

3. How could you treat these lesions?

- a) Cryotherapy
- b) Topical imiquimod
- c) Topical 5-fluorouracil
- d) Photodynamic therapy



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"Case in Point" is a series of interesting cases and diagnoses so general practitioners can sharpen their skills. Submissions and feedback can be sent to diagnosis@sta.ca.

Answers: 1-b; 2-a; 3-e

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