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This test offers the opportunity to assess your knowledge and retention of the information presented in the articles in this issue. Physicians who complete the quiz will receive a statement from Dalhousie University, Continuing Medical Education indicating their participation and their score.

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Each quiz may be submitted only once for consideration and must be submitted within six months after the date of issue.

Correct answers will be published in the journal six months after the quiz appears.

SELECT THE BEST ANSWER(S) FOR EACH OF THE FOLLOWING

1. The diagnosis of hypoglycemia requires which of the following?

- a) Serum glucose < 2.2 mmol/L in women & < 2.8 mmol/L in men
- b) Adrenergic or central nervous system symptoms of hypoglycemia
- c) Improvement in symptoms with administration of glucose
- d) a & c above
- e) All of the above

2. Glucose overutilization/hyperinsulinism may be present in which of the following situations?

- a) Drugs
- b) Exogenous insulin
- c) Insulinomas
- d) Insulin receptor antibodies
- e) All of the above

3. Glucose underproduction may be a symptom of which of the following?

- a) Impaired liver function
- b) Toxic shock
- c) Congenital metabolism disorders
- d) a & b
- e) All of the above

4. There is evidence that monoamine oxidase inhibitors and selective serotonin reuptake inhibitors can cause hypoglycemia.

- a) True
 - b) False
- (Blood Sugar Blues; page 65)*

5. In the treatment of anxiety disorders, patients generally respond best to:

- a) Medication
 - b) Combination medication & psychotherapy
 - c) Psychotherapy
- (Anxiety Therapy Toolkit; page 71)*

6. Which of the following symptoms is/are suggestive of neuropathic pain?

- a) Hypersensitivity
- b) Burning sensation
- c) Shooting pain
- d) Paresthesia
- e) All of the above

7. Which of the following are indicators of drug-seeking behaviour?

- a) Out-of-town patient
- b) Hurried patient
- c) Allergic to weak opioids or non-steroidal anti-inflammatories
- d) Knows clinical terminology
- e) All of the above

8. *It is advisable to start with short-acting opioids before switching to long-acting opioids.*

- a) True
- b) False

9. *Which of the following adjuvant medications would the author recommend for patients with sleep disturbances?*

- a) Valproic acid
- b) Gabapentin
- c) Trazodone
- d) Topiramate

(Opiates for Chronic Pain; page 78)

10. *Chronic lower limb edema is common in which of the following circumstances?*

- a) Congestive heart failure
- b) Low albumin
- c) Venous stasis
- d) a & c
- e) All of the above

11. *Venous insufficiency can be diagnosed in which of the following situations?*

- a) Dilated veins, predominantly saphenous vein
- b) Pitting edema
- c) Hypopigmentation
- d) Hyperpigmentation
- e) All of the above

12. *Which of the following topical products is generally not associated with contact dermatitis in venous stasis?*

- a) Lanolin
- b) Polysporin
- c) Bacitracin
- d) Neomycin
- e) Perfumes

13. *Support stockings are the treatment of choice in venous and arterial insufficiency.*

- a) True
- b) False

(Venous Stasis Disease; page 84)

Please indicate your answers on the attached quiz reply form and mail to:
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