

# CME Credit Quiz

## In association with Dalhousie University



This test offers the opportunity to assess your knowledge and retention of the information presented in the articles in this issue. Physicians who complete the quiz will receive a statement from Dalhousie University, Continuing Medical Education indicating their participation and their score.

Dalhousie University is fully accredited by the Committee on Accreditation of Canadian Medical Schools and, by reciprocity, the Accreditation Council for Continuing Medical Education of the United States to offer continuing medical education to physicians.

Where applicable, physicians may report their participation in this CME activity to the appropriate professional and health organizations.

Each quiz may be submitted only once for consideration and must be submitted within six months after the date of issue.

Correct answers will be published in the journal six months after the quiz appears.

### SELECT THE BEST ANSWER(S) FOR EACH OF THE FOLLOWING

1. *The change in the hypertension recommendations for 2003 (reflected by the ALLHAT study) increased the prominence of which class of drug for first-line therapy?*

- a) Thiazide diuretics
- b) Angiotensin-converting enzyme inhibitors
- c) Beta blockers
- d) Angiotensin II receptor blockers

2. *Patients with high normal blood pressure (130-139/85-89 mmHg) have how much greater risk of cardiovascular events than those with optimal blood pressure (systolic blood pressure < 120 mmHg)?*

- a) Three times greater risk
- b) Five times greater risk
- c) Seven times greater risk
- d) 10 times greater risk

*(Cardiology; page 81)*

3. *Which of the following factors could be responsible for increasing the incidence of skin cancer?*

- a) Aging population and the delayed effects of earlier sunbathing practices
- b) Global warming
- c) Accelerated carcinogenic effects of ultraviolet exposure in immunosuppressed patients
- d) a & c
- e) All of the above

4. *According to the author, tacrolimus and pimecrolimus are effective alternatives to topical steroid treatment in which body area?*

- a) Face (especially the eyelids)
- b) Trunk
- c) Extensor surfaces
- d) Flexor surfaces
- e) a & d

5. *Imiquimod cream (5%) is a novel immune response modifier developed to treat:*

- a) Planter warts
- b) Perianal and genital warts
- c) Keloids
- d) Paget's disease

*(Dermatology; page 86)*

6. *The life cycle of West Nile virus involves transmission from:*

- a) Mosquito-bird-mosquito
- b) Bird-mosquito-bird

*(Infectious Diseases; page 90)*

7. *The use of cholinesterase inhibitors is now a component of the usual management of which of the following?*

- a) Alzheimer's disease
- b) Mixed Alzheimer's disease and vascular dementia
- c) Dementia with Lewy bodies
- d) All of the above

*(Neurology; page 99)*

## CME Credit Quiz

---

8. *Most cases of cervical cancer can be attributed to the sexual transmission of the human papillomavirus.*

- a) True
- b) False

*(Obstetrics and Gynecology; page 101)*

9. *Which of the following is/are not responsible for changes in the treatment of Crohn's disease?*

- a) Budesonide
- b) Proton pump inhibitors
- c) Azathioprine
- d) Methotrexate

*(Gastroenterology; page 107)*

10. *Which of the following is a new anti-obesity medication?*

- a) Pramlintide
- b) Alendronate
- c) Orlistat
- d) Risedronate

11. *Which of the following is a new medication inhibiting the uptake of cholesterol from the intestinal lumen?*

- a) Pramlintide
- b) Ezetimibe
- c) Sibutramine
- d) Risedronate

*(Endocrinology; page 112)*

12. *The use of the pneumonia severity index clinical prediction rule can safely reduce admissions for low-risk patients presenting with community-acquired pneumonia.*

- a) True
- b) False

*(Respirology; page 121)*

---

Please indicate your answers on the attached quiz reply form and mail to:  
Dalhousie University  
Continuing Medical Education  
5849 University Avenue  
Halifax, Nova Scotia, B3H 4H7

Made possible through an educational grant from  
MERCK FROSST CANADA LTD.