



This test offers the opportunity to assess your knowledge and retention of the information presented in the articles in this issue. Physicians who complete the quiz will receive a statement from Dalhousie University, Continuing Medical Education, indicating their participation and their score.

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Each quiz may be submitted only once for consideration and must be submitted within six months after the date of issue.

Correct answers will be published in the journal six months after the quiz appears.

### SELECT THE BEST ANSWER(S) FOR EACH OF THE FOLLOWING

**1) Osteoarthritis can be defined as which of the following:**

- a) Gradual loss of articular cartilage
- b) Thickening of the subchondral bone
- c) Bony outgrowths (osteophytes) at joint margins
- d) Mild chronic synovial inflammation
- e) All of the above

**2) The most common symptoms of osteoarthritis are pain, stiffness and gradual loss of function. Which of the following statements is false.**

- a) Pain typically worsens with use and improves with rest
- b) Pain at rest signifies less severe disease
- c) Morning stiffness usually lasts less than 30 minutes
- d) Stiffness after periods of inactivity last only a few minutes
- e) Pain is often worse in humid or cold weather

**3) Cox-2 selective NSAIDs offer no advantage over traditional NSAIDs in their effect on BP, fluid retention, or kidney function.**

- a) True
- b) False

**4) Which of the following is true regarding intra-articular injection of hyaluronic acid?**

- a) Requires three weekly injections
- b) Less costly than corticosteroid injections
- c) Average duration of effectiveness is about six months
- d) A & B
- e) A & C

**5) Which of the following is important in the medical treatment of osteoarthritis?**

- a) Weight loss
- b) Exercise/physiotherapy
- c) Assistive devices
- d) Acetaminophen
- e) All of the above

*(Osteoarthritis; page 71)*

6) *HPV can fit through condom pores.*

- a) True
- b) False

7) *There are over 100 types of HPV. Approximately how many of these are associated with cervical cancer and its precursors?*

- a) 10
- b) 15
- c) 20
- d) 25

8) *HPV testing should be used*

- a) instead of Pap smear testing
- b) only in patients with Pap smear abnormalities
- c) to eliminate false positive smears
- d) to reduce false positive smears
- e) B & D

9) *A positive HPV result in a patient with Pap smear abnormalities is proof of pre-cancerous disease.*

- a) True
- b) False

*(HPV Testing & Cervical Cancer Screening; page 64)*

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Please indicate your answers on the attached quiz reply form and mail to:  
Dalhousie University  
Continuing Medical Education  
5849 University Avenue  
Halifax, Nova Scotia, B3H 4H7

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