



# Speed Networking and Exciting Speakers—Every Month!

Come and break the ice with a half-hour speed networking session—meet other women in the room and exchange lots of information and business cards!! Then sit down for a delicious breakfast or lunch while listening to our engaging speakers addressing personal growth, industry trends, tools for building a successful career in health-related organizations, or what it takes to thrive as an entrepreneur in today's health and wellness industries.

We are a community of women who work in areas of health and wellness. We strive on being enlightened, informed and united. We also work together to support groups that benefit women and children, including Logifem, Fondation Autisme Montreal, MUHC Cedars Breast Clinic, Royal Victoria Hospital and Montreal Breast Cancer Foundation, among others.

Please visit our website at [www.thehbac.ning.com](http://www.thehbac.ning.com) for a calendar of events. We hope to see you very soon!

Please do not hesitate to e-mail or call our Board Members with any questions. **CPM**

## We're easy to reach!

### Our Board Members:

#### **Corry Robertson**

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*(Potential to Performance)*

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