

The Secret of Our Success?

Learn. Share. Mentor. Care.

It's no secret. At HBAC, we've created an environment that encourages learning and sharing. It is an environment that brings women back to our meetings again and again—and attracts new women to each event. That's success.

For senior women looking for ways to enhance professional development for themselves and for their team members, HBAC offers the tools to do it, with a carefully planned speaker program. Training and developing your employees takes time, and it certainly involves more than just helping them hone the tools they need for their current positions. Let us be your resource—and at the same time, meet your peers, expand your network, and help us mentor the women who are new to our industry.

Highlights from our December 2003 meeting

Learning takes place in many different ways—and the seven laws of adult learning, as outlined by **Marc Lalande** of Berlex, are a perfect example of that. Did you know that adults have definite notions about what type of learners they are? These notions can either interfere with or enhance their learning.

Sharing is something we take pride in doing at HBAC. Again this year, we are pleased to have given Logifem, a long-term women's shelter, a cheque for \$1,000, along with gifts from each of us to women at the shelter.

Skill development: Partial list of past speakers

- Ruth Bond—How to work with colleagues of different cultures
- Farès Chmait—Verbal communication isn't everything
- Ken Johnston—Effective communication through understanding human behaviour
- Lynda Goldman—On first impressions...
- Gary Waterfield—Career change and personal career development

We're easy to reach! Our Executive Members:

Geneviève Grenier (Taxi) (514) 842-8294
Robin Grover (Prism Healthcare) (514) 846-3002
Nives Listes (IMS Health) (514) 428-6203
Maryse Massé (Sudler & Hennessey) (514) 340-7377
Valerie Stocek (Lundbeck Canada) (514) 844-8515
Niki Tsakonas (Consultation 3P Consulting) (514) 485-8821

Mark your calendars...

All meetings take place at the Montreal Airport Hilton Hotel.

April 1, 2004: Dinner meeting May 27, 2004: Dinner meeting

August 17, 2004: Golf tournament fundraiser

For more information, please contact Valerie Stocek via e-mail at vstocek@vl.videotron.ca.