



# Linked Up to Success

HBAC's golf tournament was a smashing success. The annual tournament, which took place on August 17, gave members, colleagues and friends a chance to "link up" once more. Participants enjoyed the spectacular summer weather, a fabulous meal and many prizes.

Dr. Serge Gauthier, neurologist and Director of the Alzheimer's Disease Research Unit at the McGill Centre for Studies in Aging, began the dinner portion of the event by presenting new data on the diagnosis and treatment of Alzheimer's disease.

Dr. Gauthier provided three key messages:

1. Alzheimer's disease can be diagnosed clinically with a high level of accuracy (90% confidence).
2. Alzheimer's disease can be divided into seven stages, each amenable to symptomatic therapy.
3. Etiologic hypotheses are leading to new therapeutic research.

Proceeds from the golf tournament went to Alzheimer Groupe Inc.

Frema Engel, our October speaker, provided a stimulating presentation on dealing with the

"tigers, tarantulas and terriers" we work with.

The author of *Taming the Beast*, Engel demonstrated simple, effective techniques for how to tame the office "beasts"—and win them over. Engel, President of Engel & Associés, has trained thousands of people on how to resolve conflicts, reduce hostility and develop civilized, collaborative workplaces. The workshops gave HBAC members some valuable strategies for reducing conflict in the workplace.

For our Christmas event, Bill Whetstone, an expert in the appraisal of antiques, will give an informative and interactive talk called, "What it's really, really worth?"

We will also continue our support of Logifem, a women's shelter. Since 1993, HBAC has made donations to support Logifem's operations and has provided Christmas gifts for the shelter's residents.

As you can see, there are many wonderful reasons to join HBAC. You'll hear speakers on a variety of topics pertinent to women in the health-care industry. But more importantly, you'll have a chance to network, make new friends and share in community service.

If you are a woman working in the health-care industry, HBAC is for you. Call us to find out how you can become a member! **CPM**



Valerie Stocek, HBAC President; Dr. Serge Gauthier, neurologist, Director, Alzheimer's Disease Research Unit, McGill Centre for Studies in Aging.

## Mark your calendars... Upcoming meetings:

February 3, 2005

April 7, 2005

May 26, 2005

August 16, 2005—*Golf Tournament*

For more information, please contact Valerie Stocek via e-mail at [vstocek@vl.videotron.ca](mailto:vstocek@vl.videotron.ca).

## We're easy to reach!

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