

Susan's Spreading Rash

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Meet Susan

- Susan is a 34-year-old female with a recent spreading rash on her arms, trunk, and now her face
- The lesions are red, edematous, and pruritic with a central clearing
- She has never had this rash before
- She has tried some over-the-counter diphenhydramine, as well as polysporin and hydrocortisone, with only modest improvement
- She has no personal or family history of skin problems. She takes no medications and does not recall being unwell in the past few months



What is your diagnosis?

- a) Erythema multiforme c) Bullous pemphigoid e) Urticarial vasculitis
b) Stevens-Johnson syndrome d) Allergic contact dermatitis

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See page 2 for the answer to last month's case



Here is the answer to last month's case

Meet Abigail

- A 9-month-old girl is noted to have an asymptomatic mass protruding from the perianal area. She is the product of an uncomplicated, full-term pregnancy with normal spontaneous delivery
- Her medical history is unremarkable, except that she has had constipation since she was six-months-of-age when she was started on solid food
- She has bowel movements once every two to three days. The stools are hard and occasionally blood streaked
- On examination, there is a pyramidal nontender mass in the perianal area, along the midline, anterior to the anus. The rest of the examination is normal



What is your diagnosis?

- | | | |
|----------------------|--------------------|----------------------------------|
| a) Perianal skin tag | c) Hemorrhoid | e) Infantile perianal protrusion |
| b) Genital wart | d) Rectal prolapse | |

Answer: E

Infantile perianal protrusion (**answer e**) is characterized by asymptomatic pyramidal protrusion with a rose red or purplish red surface, along the midline, usually anterior to the anus, with the major axis consistent with the median raphe. The lesion is usually solitary.

The protrusion is usually pyramidal in shape except in congenital cases. In congenital cases, the

protrusion may have a leaf-like appearance.

The exact etiology is not known, but infantile perianal protrusion is often seen in infants with constipation or hard stools. Infantile perianal pyramidal protrusion is most common in children under one year of age. The majority of affected children are female.

The condition is self-limited, often lasting a few months. Underlying conditions, such as constipation, should be treated if present.

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**Alexander K.C. Leung, MD,
FRCPC, FRCP (UK&Irel),
FRCPCH**

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to our winner for the month of
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