

Doc Talk

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Family Physician

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Based in:

Bradford, Ontario

Special interests:

- Family medicine
- Sclerotherapy

Interesting facts:

- I completed my medical degree at the University of Witwatersrand in Johannesburg, South Africa
- I practiced family medicine in rural Saskatchewan for four years
- I have been working full-time in group practice in Bradford since 1997
- My wife Aruna is an occupational therapist and I have two children, Natasha age 11 and Shanaya age 9

Stay Tuned...

Join us next month as we **Doc Talk** to **Dr. Craig Bergstrom**, a Family Physician in Vancouver, British Columbia

Get to know your peers in **Doc Talk**, CME's new interview department! Join us every month as we talk to physicians across Canada about their careers, their lives and... their quirks.

1. Do you have a life philosophy?

That is a tough question! I guess everyone has a life philosophy, we just don't think about it. My philosophy in life is to try and be as honest and sincere in whatever I do and whatever I say.

2. Who would you get to play you in a movie about your life?

I would like to say George Clooney or Brad Pitt, but I don't think so! Apart from the variety of patients I see everyday, my life is pretty routine. Bill Murray in *Ground Hog Day* comes to mind.

3. What song would you choose as your personal theme song?

Holiday by Madonna because I never take enough and I always think I need one!

4. What is the least enjoyable job you have ever had?

One summer while I was in high school, I worked as a cook at a fast food restaurant at Ontario Place in Toronto. The restaurant was directly across from the exit of the Cinesphere. When the show ended, hundreds of people would come to the restaurant. I was the only cook... I couldn't flip burgers fast enough! Needless to say I quit after one week at that job.

5. So far, what is your most memorable experience as a doctor?

Narrowing it down to one moment is difficult. There are many memorable moments. From the happy look on patient's

faces when you help them, to the sad look on their faces when you give them bad news, they are all memorable. But, if I had to pick one, it would be when I treated my first patient as an intern. The realization that I could actually be a real doctor was unforgettable.

6. Do you prefer to sing in the shower or in the car?

I am an awful singer, so definitely in the car! That way, no one can hear me. I don't think my wife and kids would appreciate me waking them up at 6:00 am singing in the shower!

7. If you could have 15 minutes of fame, what would you be famous for?

I would want to be famous for scoring the winning goal in the final of a World Cup soccer match.

8. Vacations: under the stars or in a five-star hotel?

A six star hotel, if there was one! I want to be pampered and spoiled as much as possible.

9. What is the best piece of advice you have ever been given?

When I was younger my mother used to always tell me to "make sure." I really never quite understood what she meant. My dad would always joke around with me when I did anything, saying remember mom said to "make sure." Now I understand what she meant and I really try and "make sure" that I do everything to the best of my ability.

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