NEW! CME Derm Quiz



Case 1

A seven-month-old boy has had an asymptomatic, solitary, pyramidal protrusion in the midline anterior to the anus for two months.

What is the diagnosis?

Infantile perianal pyramidal protrusion.

What is the significance?

The exact pathogenesis is not known. It is presumed that the mechanical irritation of wiping after defecation might cause the protrusion. There is a preponderance of females affected. The condition is self-limiting, often lasting a few months.

Provided by Dr. Alexander K.C. Leung and Dr. C. Pion Kao, Calgary, Alberta.

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Case 2

A 76-year-old woman has a unilateral rash showing vesicles and bulae on an erythematous area on the lateral side of her chest.

What is the diagnosis?

Herpes zoster.

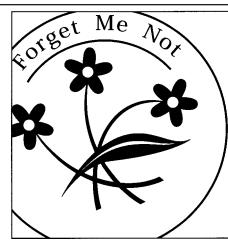
What is the cause?

It is caused by a recrudescence of varicella zoster virus.

What is the management?

In mild shingles, management focuses on treating the symptoms with rest, analgesia, and bland drying preparations (calamine lotion). Secondary bacterial infection may require a topical antiseptic or antibiotic. If seen within 48 hours of onset, more severe cases may be treated with oral acyclovir (800 mg orally, five times daily for seven days), famciclovir (500 mg orally, three times daily for seven days), or valacyclovir (1,000 mg orally, three times daily for seven days). Immunosuppressed patients often require intravenous injection.

Provided by Dr. Jerzy Pawlak, Winnipeg, Manitoba.



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Alzheimer *Society*

* Canadian Study of Health and Aging



Case 3

A nine-year-old girl presented with a reddish mass in the nasal area.

What is the diagnosis?

Nasal hemangioma.

What is the best treatment for this condition?

The lesion can be successfully treated with laser surgery. CME

Provided by Dr. Alexander K.C. Leung and Dr. Andrew L. Wong, Calgary, Alberta.